



Lifestyles Weekly Recurring Programs

Please Keep for Future Reference

Revised: April 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|--|
| 9:30 AM Start of Shuttle Service to Siminoff Chapel / L 10:00 AM Worship Service / Siminoff Chapel & Chan. 1-15 10a Coffee Klatch / GR 2p Chinese Mahjong / MP 2p Somatic Movement / GA | 9:15a HIIT, Health & Hustle / GA 9:50a Whole Body Sit & Be Fit / GA 10a Coffee Klatch / GR 10:15a Needle Arts Group / TS 10:25a Balance, Pace, Power / GA 11a Posture & Pose / GA 11:30a Open Gym Q&R / GA 2p Chinese Mahjong / MP  | 9:15a Whole Body Sit & Be Fit / Chan. 1-62 9:50a Exercise For Neuropathy & Sciatica / Chan. 1-62 10a Coffee Klatch / GR 10a Water Dancing / P 10a Water Walking / P 10:25a Physiofusion / Chan. 1-62 10:30a Water Aerobics / P 10:30a Acacia Creek Bible Study / BR 11:00a Core Connection / Chan. 1-62 2p Acacia Creek Bible Study with Chaplain Joel / Chan. 1-15 2p Ping Pong / GA  | 9:15a HIIT, Health & Hustle / GA 9:50a Whole Body Sit & Be Fit / GA 10a Coffee Klatch / GR 10:25a Balance, Pace, Power / GA 11a Posture & Pose / GA 11:30a Core Connection / GA 1p Rummikub / MP 1p Bridge / AS 2p Dancing with Denise / GA 3p Pickleball with Dante / Pickleball Court 4p Acacia Creek Technology Team / BR | 9:15a HIIT, Health & Hustle / GA 9:50a Whole Body Sit & Be Fit / GA 10a Coffee Klatch / GR 10a Water Dancing / P 10a Water Walking / P 10:25a Balance, Pace, Power / GA 10:30a Water Aerobics / P 11:30a Exercise for Neuropathy & Sciatica / GA 11:45a Brain & Memory Fitness / GA 2p Relax and Create / AS 2p Reminiscing with friends at MH / MH 2nd North Music Room 2p Ping Pong / GA 4p Episcopal Eucharist Service / Masonic Homes Meditation Chapel | 9:15a Physiofusion / Chan. 1-62 9:50a Core Connection / Chan. 1-62 10a Coffee Klatch / GR 10a Cornhole with Friends at MH / Sedam Patio (Weather Permitting) 10:15a Art & Crafts with Deborah / TS 10:20a Reset & Recovery / Chan. 1-62 1p Rummikub / MP 3p AC Singers / MP | 10a Coffee Klatch / GR 10a Water Dancing / P 10a Water Walking / P 10:30a Water Aerobics / P 2p Ping Pong / GA 4p Classical Music Recital with Ryan Lu / TR |

Bolded weekly recurring programs are either new programs or updated.

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| Legend AS = Art Studio (3 rd Floor) BR = Board Room (5 th Floor) DR = Dining Room (5 th Floor) G = Gym (Wellness Center) GA = Gym Annex (Wellness Center) | Center) GR = Game Room (5 th Floor) L = Lobby (1 st Floor) MHA = Masonic Home Auditorium MP = Multi-Purpose Room (3 rd Floor) | P = Pool (Wellness Center) PBC = Pickleball Court S = Siminoff Center SURB = Signup in Recreation Binder (Mailroom) SUC = Signup at Concierge SUMB = Signup in Masonic Binder | (Mailroom) TR = Turkey Roost (5 th Floor Lounge) TS = The Studio (Apt. 1441) |
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Acacia Creek Lifestyles April 2024 Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|-----------------|--|---|---|---|---|---|---|
| Special Events: | | | | | | | |
| | 1 10:45a Great Courses - In the Footsteps of Vincent Van Gogh: The Spring of Provence / Chan. 1-62 | 2 10a Understanding Blockchain & Cryptocurrency with Guest Speaker Rob Lowe: A Secure Future for Your Money / MP 2p Movie Time: Casablanca / TR or Chan. 1-62 | 3 11a FirstLight Home Care of the Peninsula Presentation / TR 2p Spring Into Action and Do More in 2024 / MHA | 4 10a Culinary Meeting / BR 10a Great Courses - Concert Masterworks: Liszt-Totentanz, I / Chan. 1-62 1p Acacia Creek Genealogy / MP 2p Come Play Jenga with Us! / GR | 5 8a Mason's Breakfast—All Men Invited / SUMB / DR 1p Resident Council Meeting / BR & Chan. 1-61 4p True or False Trivia with Penny / TR | 6 7p Saturday Movie Night: The Holdovers / TR | |
| 7 | 8 10a Safeway Grocery Shopping / SURB / L 10:45a Great Courses - In the Footsteps of Vincent Van Gogh: Vincent's Classical Period / Chan. 1-62 | 9 10a Walking Trip: Quarry Lake / SURB / L 10a Understanding Blockchain & Cryptocurrency with Guest Speaker Rob Lowe: A Secure Future for Your Money / MP 3p Health and Healing Through Exercise with Ziv / Zoom and Chan. 1-62 | 10 1p Fitness Talk with Yanasa - Topic: Build Stronger Bones at Any Age / L 4p Chat with Chuck / TR or Chan. 1-62 7p Replay of Chat with Chuck / Chan 1-62 | 11 10a Great Courses - Concert Masterworks: Liszt-Totentanz, II / Chan. 1-62 4p Acacia Creek's 14th Anniversary Celebration: An Evening at Casablanca / DR | 12 10a Resident Forum: Guest Speaker Terry Quigley, President and CEO of Masonic Homes of California / DR 3p Silicon Valley Mobile Pack Volunteer Opportunity / SURB / L | 13 | |
| 14 | 15 10a Raley's Grocery Shopping / SURB / L 10:45a Great Courses - In the Footsteps of Vincent Van Gogh: The Studio of the South / Chan. 1-62 3p Back in the Day... Sharing Life's Adventures and Lessons with Your Friends and Neighbors / TR | 16 10a Understanding Blockchain & Cryptocurrency with Guest Speaker Rob Lowe: A Secure Future for Your Money / MP 10:30a Alameda County Library Book Club / Zoom 3p Environmental Services Meeting / BR 3p Health and Healing Through Exercise with Ziv / Zoom and Chan. 1-62 4p Cocktail Hour with Members of the Acacia Creek Board / TR | 17 9a Costco: Hesperian / SURB / L 10:15a Projects for Charity / TS (Apt. 1441) 3p Lifestyles Q&A Session / TR | 18 8:45a Caltrain to San Francisco / SURB / L 10a Great Courses - Concert Masterworks: Liszt-Totentanz, III / Chan. 1-62 | 19 10:30a Harlen Olsen Pianist / TR 2p Cirque Du Soleil: Kooza / SURB / L 4p Pub Trivia with Penny / TR | 20 | |
| 21 | 22 10a Safeway & Trader Joe's (Fremont) / SURB / L 10:45a Great Courses - In the Footsteps of Vincent Van Gogh: The Asylum at Saint-Rémy / Chan. 1-62 2p Earth Day Celebration: Planet vs. Plastics / L | 23 10a San Francisco Rooftop Garden / SURB / L 2p Finance Committee Meeting / AS 3p Health and Healing Through Exercise with Ziv / Zoom and Chan. 1-62 | 24 10a Lunch Bunch: Berkeley Bowl / SURB / L 2:00p Move More in 2024 T-Shirt Distribution Social / L 2:30p Blood Pressure Check with Mina / TR | 25 10a Fremont HUB - Target & Daiso / SURB / L 10a Great Courses - Concert Masterworks: Liszt-Totentanz, IV / Chan. 1-62 4:15p Family Game Night Social Hour / TR | 26 4p TGIF with Music by Narbeh and Johnathan / TR 6:30p Calpops: Big Band / SURB / L | 27 | |
| 28 | 29 8:30a Washington Jewelry Sale / SURB / L 10a Raley's Grocery Shopping / SURB / L 10:45a Great Courses - In the Footsteps of Vincent Van Gogh: The Art World in 1890 / Chan. 1-62 10a Washington Jewelry Sale / SURB / L | 30 10a Understanding Blockchain & Cryptocurrency with Guest Speaker Rob Lowe: A Secure Future for Your Money / MP 2p Structural Heart with Dr. Agrawal of Washington Hospital / MHA | Legend AS = Art Studio (3 rd Floor) BR = Board Room (5 th Floor) DR = Dining Room (5 th Floor) G = Gym (Wellness Center) GA = Gym Annex (Wellness Center) Center) GR = Game Room (5 th Floor) L = Lobby (1 st Floor) MHA = Masonic Home Auditorium MP = Multi-Purpose Room (3 rd Floor) | | | P = Pool (Wellness Center) PBC = Pickleball Court S = Siminoff Center SURB = Signup in Recreation Binder (Mailroom) SUC = Signup at Concierge SUMB = Signup in Masonic | Binder (Mailroom) TR = Turkey Roost (5 th Floor Lounge) TS = The Studio (Apt. 1441) |